



Patient Information Sheet

Event Monitor

What is an Event Monitor?

An Event monitor is used to record your heart rhythm or EKG tracing of the heart. An Event monitor is most often ordered by the physician to evaluate symptoms that might be heart-related, such as fatigue, shortness of breath, dizziness or fainting. You will need to go to Fort Wayne Cardiology to receive a monitor. You will have electrodes placed on the chest area with the lead wires attached to a small monitor or recorder. The monitor can be placed in a packet or clipped on your waist. When you feel one or more symptoms, you push a button on the event monitor recorder that will activate the device to record your heart rhythm. After you experience symptoms and record them, you will send the recording of your event the office at Fort Wayne Cardiology by telephone. You will be instructed regarding how to do this when you have your appointment to be fitted for the Event monitor. Normally the Event monitor is worn for up to 30 days. While you are wearing the monitor, you can do most of your typical activities, except those that might get the Event monitor wet or cause electrical interference (i.e. electrical blanket or heating pad).