



## Patient Information Sheet

# Myoview Stress Test

### What is a Myoview Stress Test?

A Myoview Stress Test is often ordered to diagnose a heart-related cause of various symptoms such as chest pain, shortness of breath or lightheadedness. A Myoview is used to predict risk of dangerous heart-related conditions such as a heart attack or to check the effectiveness of your heart medications and other treatments for your heart condition such as after a coronary artery angioplasty or stent procedure. The test involves an injection of a small amount of a radioactive material called Myoview, both at rest and after a treadmill exercise test. The Myoview circulates in the bloodstream and shows if your heart muscle is receiving adequate blood supply under stress and/or rest conditions. After rest and exercise injections of Myoview, you will lie down under a nuclear camera. Images of the heart will be obtained that will be analyzed by a cardiologist to determine if you have a significant blockage in one or more of your coronary arteries that might cause a heart attack. Occasionally, there may be reasons why you are unable to walk on a treadmill. In these cases your Myoview test may be ordered with an intravenous injection of a medicine such as **Adenosine** or **Dobutamine** that will cause your heart rate to increase as if you were walking on a treadmill. The day of your treadmill, wear two-piece, loose fitting clothing. Comfortable walking shoes are recommended. No caffeine or products containing caffeine, including chocolate, for 24 hours prior to the test. Take any regular medications unless otherwise ordered by your physician. You should inform the office staff if you are diabetic or if you are taking any cardiac medications. The office staff will send you more information about your Myoview test when you call for your appointment. Your physician will receive the results of your test within a few days to a week.