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CAFFEINE/DECAFFEINE INSTRUCTIONS

Do not eat or drink any of the following for
24 hours prior to the test

Below is a listing of commonly used foods, beverages and medications containing caffeine.

Coffee: Brewed, instant, regular or decaffeinated

Tea: Brewed, instant, iced tea, regular or decaffeinated

Food:	Cocoa	Chocolate Candy
	Chocolate milk	Chocolate ice cream or pudding
	Milk Chocolate	Fudge Brownie
	Dark semisweet Chocolate	Chocolate Cake
	Baker's Chocolate	Chocolate syrup

All soft drinks, except Sprite and 7-Up.

Over-the-Counter medications: Anacin, Excedrin, No-Doz

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