

Fort Wayne Cardiology Dobutamine Stress Echo Instruction Sheet

Your Dobutamine stress echocardiogram is scheduled for

You should report to the Fort Wayne Cardiology reception desk on the main level of Fort Wayne Cardiology, 1819 Carew Street, Fort Wayne, Indiana on time so that there will be enough time to prepare you for the procedure. **Please arrive on time.**

You should not eat or drink anything after midnight the night prior to your test. You should not have any stimulants such as cigarettes, coffee, tea or caffeinated beverages.

However, unless instructed otherwise, you should continue to take any medication prescribed by your physician with small sips of water.

You should make prior arrangements for someone to drive you home after the procedure. It is recommended that you do not drive for 4 hours following the procedure.

Wear comfortable non-binding clothing so that the upper half can be easily removed.

If you are a diabetic and take insulin, please **do not** take your morning dose.

Call the Fort Wayne Cardiology Echo Department for any questions at **(260) 481-4785**.