



All heart. _____

 FORT WAYNE
CARDIOLOGY

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Our Commitment

Fort Wayne Cardiology provides the highest-quality and most cost-effective cardiovascular care with compassion and respect for the dignity of each patient.

At Fort Wayne Cardiology, our top priority is your cardiovascular health and overall well-being. Every one of our professionals is dedicated to enhancing each patient's quality of life by providing the best medical care available. To accomplish this, we've created an environment encompassing outstanding personnel, the latest technology, ongoing research, continuing education for our staff, and educational opportunities for our patients and the community as a whole.

The road to wellness starts here

Thank you for entrusting us with the evaluation and care of your cardiovascular health. Please take a few moments to review this brochure and the accompanying materials. The information provided will answer many of your current and future questions and help you get to know us better. And please share this information with your family members; they also have a great interest in your well-being and will be better able to assist you in your recovery if they are well-informed.

We know that this can be a very stressful period in your life, and any apprehension you may have is understandable. Nonetheless, with care directed by our outstanding medical professionals and your willing participation in your own recovery, you will soon be heading down the road to greater wellness.

A history of growth

Although we've experienced tremendous growth over the past quarter of a century, that growth has been controlled and deliberate. That's because we don't want to let a single-minded focus on growth compromise our mission and the quality of care we provide.

Fort Wayne Cardiology was established in 1978 with two cardiologists, one secretary, and one small office. We now have a much larger, highly trained staff of 21 physicians and more than 175 nurses, medical assistants, technicians, and administrative professionals. In addition to our two Fort Wayne office locations, we provide 24-hour coverage at Lutheran and Parkview hospitals and provide services at 12 clinics in surrounding communities.

A culture of care and innovation

We're proud to offer our patients a combination of cutting-edge thinking and skillful care born of extensive experience. Each year, we average nearly 30,000 office

visits and consultations outside the hospital as well as some 30,000 daily hospital visits and consultations.

In addition, we average approximately 73,000 tests and procedures each year, from electrocardiograms and stress tests to angiograms and pacemaker implants.

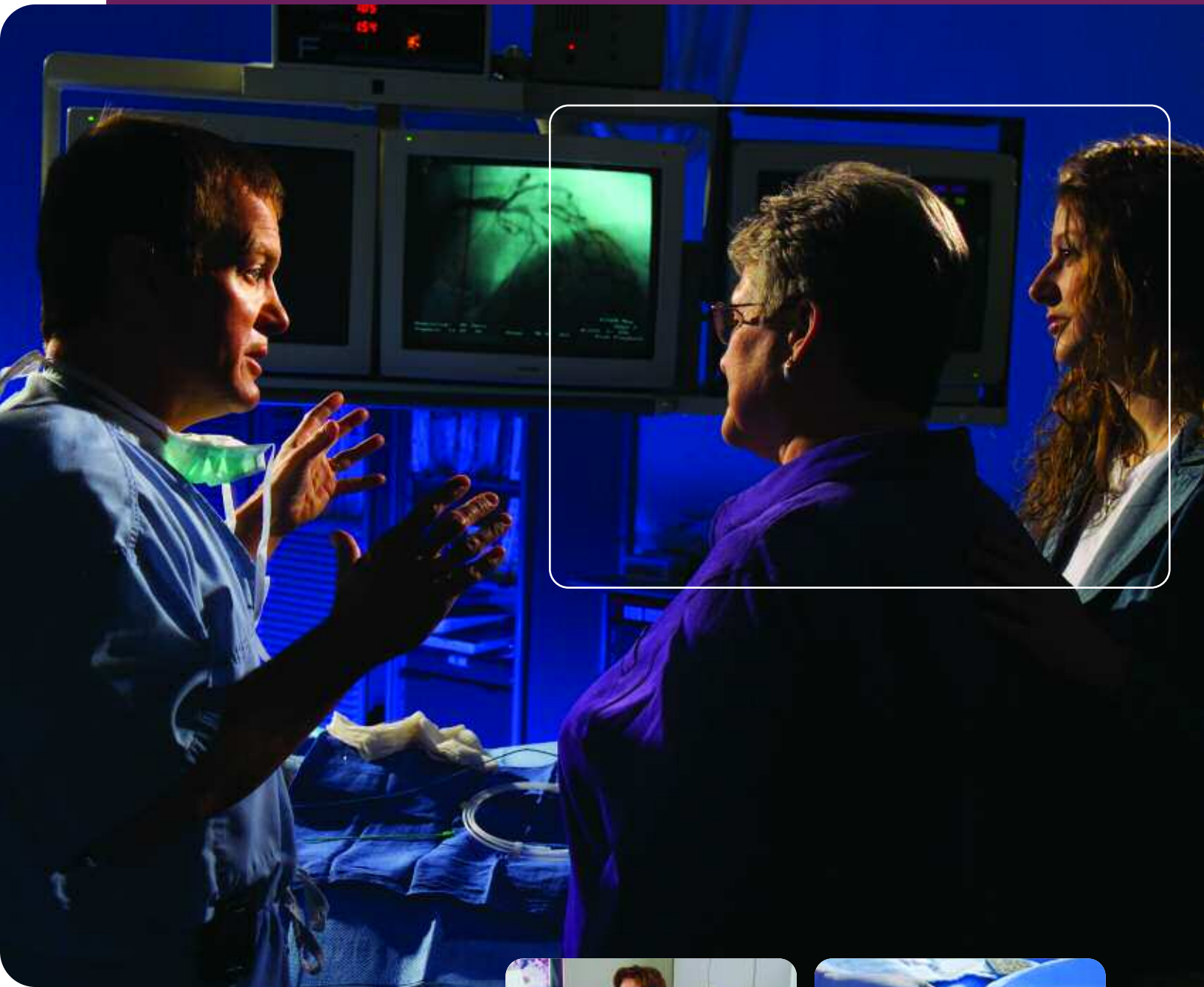
Not only does our case volume continually refine our expertise, but we also have a considerable track record of innovation. Fort Wayne Cardiology has led the way in local coronary care. **We're proud to have performed the first of each of these procedures in the Fort Wayne area:**



- Balloon valvuloplasty
- Coronary atherectomy
- Dipyridamole thallium-201 cardiac scan
- Signal-averaged electrocardiogram
- Transesophageal echocardiogram (TEE)
- Pacemaker implant by a cardiologist
- Coronary angioplasty
- Electrophysiologic study
- Transradial catheterization and stent
- Brachytherapy treatment
- Renal artery angioplasty and stent
- Ablation for tachycardia termination

We have also initiated these other important firsts for our patients:

- First cardiac research center
- First cardiac rehabilitation center
- First implantable cardiac defibrillator (ICD)
- First congestive heart failure and inotropic infusion center
- First point-of-care anticoagulation therapy unit
- First FDA-approved carotid stent and first carotid stent program
- First implanted cardiac loop recorder



Technology is integral to quality cardiovascular care, from pacemakers (far right) to digital imaging and fiber optics. Our physicians are adept at using this technology and helping patients understand its impact on their care.





Excellent patient care is all about good communication and teamwork. Our physicians, nurses, and other staff work in concert to manage your treatment, sharing new information on an ongoing basis, answering your questions, and tracking the effectiveness of medications and procedures.

Our physicians

Leading Fort Wayne Cardiology is a group of highly trained, dedicated physicians who specialize in the prevention, diagnosis, and treatment of cardiovascular disease.

Our physicians received their educational training at leading universities and are board-certified in multiple disciplines, including internal medicine, cardiology, interventional cardiology, nuclear cardiology, electrophysiology, and geriatric medicine. Many of our doctors serve or have served as faculty members for major medical schools. Each of our cardiologists has earned the distinction of being a Fellow of the American College of Cardiology (FACC).

Rapidly changing technology necessitates that all physicians stay abreast of the latest developments in healthcare. To that end, our physicians log an average of 25 continuing-medical-education credits per year.

Our physicians are also very involved in groundbreaking research and the publication of their findings to assist other medical professionals in this country and abroad.

Our nurses

Working closely with physicians in our offices and at hospitals to ensure comprehensive care for our patients is a staff of knowledgeable, experienced, compassionate nurses.

Leading that staff are two nurse practitioners who hold master's degrees in the field of nursing and have had additional education and training. The nurse practitioners at Fort Wayne Cardiology are integral in the coordination and case management of patients with specialized or chronic conditions such as congestive heart failure and heart rhythm problems. Specifically, our nurse practitioners specialize in patient teaching and preventive cardiology. They work with patients and families to improve their

health and to modify individual risk factors to prevent or minimize further cardiac problems. Each nurse practitioner confers closely with the cardiologists regarding the condition and progress of all patients.

Of critical importance at Fort Wayne Cardiology are the hospital rounding nurses and the office nurses. A rounding nurse works usually with one particular cardiologist and, in so doing, broadens the scope of that cardiologist's practice. The rounding nurse acts as the cardiologist's "eyes and ears" when the cardiologist is involved in procedures or is practicing at one of our outreach clinics. The rounding nurse communicates directly with patients regarding problems, conveys test results and recommendations from the doctor, answers questions,

and serves as liaison between the cardiologist and his or her patients—both those hospitalized and those at home. The rounding nurse and the cardiologist usually make hospital rounds together and are in nearly constant communication with each other.

When, as a patient, you call the office with a problem or question, our office nurses will speak directly with you. They will provide advice for your problem and either answer your question themselves, or talk to your

individual cardiologist about it. If warranted, they'll arrange for an office visit or perhaps even direct you to the hospital for urgent care. Regardless of the nature of your call, the office nurse will always notify your cardiologist.

Our medical assistants and technicians

Medical assistants will often be the first people you meet when you arrive for your office appointment, and they provide invaluable support. They will assemble any records you bring, record your vital signs, and review your current medications. They will also perform ECGs



when necessary and call for various test results that you may have had since your previous visit.

with practical applications, such as how to accomplish healthy lifestyle changes.

Our senior management

Fort Wayne Cardiology's senior management team is led by Nancy Schroeder, C.P.A., and Doug Martin, B.S.N., M.B.A. Nancy had 15 years of experience in public accounting and healthcare consulting prior to coming to Fort Wayne Cardiology, and in 1994, she became chief financial officer of the organization. Doug had 15 years of critical-care and cardiology background as a registered nurse, and after completing his M.B.A., became the director of clinical operations for the group in 1994. Together, Nancy and Doug co-manage the practice that has grown to approximately 175 employees, 21 physicians, and two nurse practitioners.



Our Health Information Network is another convenient source of information for our patients. Call (260) 481-4801 or (800) 722-4801 to hear prerecorded messages detailing many of the tests and procedures we perform. We also invite you to visit our Web site at www.fortwaynecardiology.org for more information about

our practice and services.

Just as we advise our patients, we stay active— with awareness-raising events:

- February marks **National Heart Month**, and we highlight it by bringing in a national speaker to share insights with the public. More than 1,000 people typically attend these annual presentations.
- Because you're never too young to think about having a healthy heart, we present our **Doctor's Day at Science Central** every March. During this fun and educational event, young people learn about how their bodies work and how to nurture healthy hearts.
- We also give **presentations** to senior-citizen and church groups and at work-site wellness programs and health fairs.
- In order to encourage people to make healthy lifestyle changes and give that couch or recliner a break, we have quality **pedometers** available at cost.

Education and outreach

Fort Wayne Cardiology provides a myriad of educational opportunities for patients and the community as a whole. We feel that the better you understand your condition and treatment, the better you can take part in your recovery. Special events presented throughout the community are aimed at making people of all ages more aware of what it takes to maintain a healthy cardiovascular system.

One of the most important offerings is our in-house Nutrition Department, where our registered dietitian consults one-on-one with patients and their families on the benefits—and often the necessity—of adopting low-fat, low-cholesterol, and low-sodium diets and other healthy regimens.

We also have an in-house lending library from which patients may borrow videos, audiotapes, and books on a wide variety of subjects pertaining to cardiovascular health and treatments. And in our lobby, you'll always find a selection of pamphlets that relate information

Reaching out

Our physicians and nurses regularly donate their services at Fort Wayne's Matthew 25 Health and Dental Clinic, which provides quality care to low-income individuals and families.

An alliance of health education

In 1984, Fort Wayne Cardiology formed the Midwest



The people of Fort Wayne Cardiology know that knowledge is a powerful weapon in combating cardiovascular disease. So we share our expertise by collaborating with other members of the healthcare community, training new medical professionals, and educating adults and children about choosing healthier lifestyles.



Fort Wayne Cardiology participates in clinical studies and conducts research on a variety of fronts to bring about advances in care.

Alliance for Health Education (originally named the Midwest Medical Research Foundation). Through the generous sponsorship of local businesses and organizations, the Midwest Alliance provides continuing education to medical professionals, encourages scholarship and research among medical students, and strives to increase awareness of health-related issues within the broader community.

A big part of the Midwest Alliance's link to the public is Focus on Health, which was initiated by television station WPTA-21 Alive in 1979. Focus on Health (which includes Student Focus on Health) is an ongoing series of community health fairs held at various locations throughout the year.

Medical screening to detect or head off a variety of health risks is provided free or at a nominal cost.

The Midwest Alliance also provides free cardiovascular screening and education to people in the inner city who would not otherwise have the wherewithal to obtain such services. The St. Joseph Community Health Foundation sponsors this community service.

The Midwest Alliance's annual national convention attracts medical professionals from around the country to share the latest developments in healthcare. To inspire scholarship and research among future medical professionals, the Midwest Alliance provides its annual Summer Research Fellowship Program. Fort Wayne Cardiology physicians serve as instructors for this program.

In 1999, the alliance began sponsoring an ongoing medical mission in Moldova, a small country wedged between the Ukraine and Romania. One of the most highly populated of the former Soviet satellites, Moldova is also perhaps the poorest country in Europe. Led by Fort Wayne Cardiology physicians and other Fort Wayne

community leaders and their Moldovan counterparts, this humanitarian mission provides medical supplies, equipment, expertise, and education to prevent and treat cardiovascular disease.

Research

Fort Wayne Cardiology's Research Department participated in clinical studies and new-protocol

development for many years and played an integral part in the establishment of the Stucky Research Center at Parkview Hospital in 1993.

In 2003, the Stucky Center—named in memory of Jerry L. Stucky, M.D., Parkview's first medical director—

was relocated to new facilities and renamed the Parkview Research Center.

Through the Parkview Research Center, 500 area physicians from 40 specialties offer patients new therapies not available outside the investigational setting. The center's work allows patients to benefit from the latest technology, procedures, and medicines.

An effective team

Teamwork is perhaps the most important aspect of our practice. Everyone—from our cardiologists and nurses to our administrative professionals—has your best interest at heart and works in concert to ensure that you experience the finest in care and services. Every member of our staff provides the highest degree of expertise in his or her field to help you get back on top of your game.

As our patient, you're a member of our team, too—as are your family members. Working together, our team can win your fight against cardiovascular disease.





Convenient locations

Carew Medical Park
1819 Carew Street
Fort Wayne, Indiana 46805

Lutheran Medical Park
Lutheran Heart Pavilion
7910 West Jefferson Boulevard
Suite 112
Fort Wayne, Indiana 46804
www.fortwaynecardiology.org

Call:

(260) 481-4700
(800) 637-6505 (toll-free in Indiana)
(800) 334-4371 (toll-free in Ohio and Michigan)

Cardiologist on call: (260) 480-5849